Making Professional Quality Scientific Figures: Part 1 – The Essentials

RESOURCES:

http://www.people.fas.harvard.edu/~draft/thesisworkshop/

- PDF of this presentation
- PDF of instructions for image manipulation
- Sample images used in the demos



d Test in vitro





Figures are a mix of raster objects and vector objects

Raster objects: scans, microscope pictures, photos, screen-captures

- **Pixel based** (set number of pixels)
 - Zoom in and see pixels
- Edit in **Photoshop** or **GIMP**
- File types: TIFF, PNG, JPG, BMP





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Vector objects: shapes, text, excel/matlab graphs

- Not pixel based (mathematical expressions)
- Zoom in without blurring
- Create and edit in **Powerpoint** (or Illustrator)
- PPT, PDF can handle vector and raster objects





Using PowerPoint to Build Your Figures



- Set the page size so your figures can be easily integrated into your word document.
- Use Arial font for the figure legend. That is what most professional journals now request.

Inserting Raster Images: Resolution

How do we know if we have sufficient resolution for clear printed images?

- Normal printer: <u>220 ppi/dpi (pixels/dots per inch)</u>
- Slideshows (projects/monitors) 72 dpi



Which image is 72 ppi and which is 220 ppi?

- Screens only show 72 ppi.
- Can only tell when printed out or zoomed in.

How to Insert Images into Powerpoint

- 'Insert' > 'Pictures' (or drag them in)
 - Don't copy/paste- bad things can happen
- Resize to make it smaller if you want
 - Avoid resizing to make it bigger! Powerpoint will add pixels (interpolate)
 - Either retake the picture or keep it small
 - Note: if you are in a pinch, and need to resize an image to make it bigger quickly, just resize it in Powerpoint. The image won't be perfect, but it is still acceptable for the thesis.
- Check quality by zooming up to 300% (3 x 72 ppi = ~220 ppi)





How to Adjust Images in Powerpoint

- 1. Select Picture > 'Picture Format' > 'Crop'
- 2. Select Picture > 'Picture Format' > 'Corrections'





Handling Vector Objects

Common vector objects

- Shapes, schematics, flow-charts
 - 1. Can be made in Powerpoint
 - Insert shape, then Right-click > Edit Points to customize





Handling Vector Objects

Common vector objects

- Shapes, schematics, flow-charts
- **Graphs:** Options:
 - 1. Can copy and past excel graphs in Powerpoint
 - 2. Save graph as PDF or SVG and then 'insert' object in Powerpoint
 - 3. If these fail, save the graph as a raster object, by:
 - A. Save as TIF or PNG from your original graphing program
 - The resolution will be determined by the original program.
 - B. Save as a PDF then open in Photoshop/Gimp (rasterize it)
 - This allows you to set the resolution (220 ppi) at a specified size
 - C. Screen shot as large as possible in your original graphing program, then insert as a raster object in powerpoint.
 - Zoom up and make it as big as your display before the screen shot to get as a large size as possible.

'Adapting Figures' Successfully

• <u>Zoom up</u> (300% or greater) before screen capture/copy



A Word on File Size

Your final .pptx shouldn't more > ~ 20 MB

- If > 20 MB, your images probably have excess pixels
- 'File'>'Compress Pictures' > 220 will reduce all your images
 - **Note:** this will delete all extra pixels in your images. So be sure the pictures are the size you want them. Otherwise, you will have to re-insert the originals to restore the quality



Incorporating figures into your thesis

- When you're finished:
 - 'File' > 'Save As' a PDF (preserve vector and raster objects)
 - Insert PDF into your final thesis document (Word doc or PDF file)

DONE

Summary

- Insert or drag pictures into Powerpoint (DO NOT COPY AND PASTE!)
- Move your image around. If you scale (only scale down/smaller, not bigger), then compress to 220 ppi to reduce file size.
- Use vector objects when possible (arrows, asterisks, text, legend, shapes, graphs, etc)
- Save as .PPTX until your figure is finalized
- Save as PDF and insert into your thesis document (.doc).